


CHILDREN & YOUNG PEOPLE'S MENTAL HEALTH

SCHEDULE [CLICK AN EVENT TO BOOK OR SCAN QR](#)

	FROME TOWN HALL	FROME LIBRARY	CHEESE & GRAIN	LIBRARY PRECINCT	CAFÉS & SHOPS
9:30					
10:00	PANEL DISCUSSION How can a town support children and young people's mental health?		EXPERT WORKSHOP Music for wellbeing with Bath Philharmonic Conductor Emeritus		ACTIVITIES & EVENTS What would a town design for children and young people's good mental health look like? Have your say and join activities in shops, cafés and businesses across Frome. Explore what we can do, as a community, to support our children and young people. There is no need to book these activities – just look for Hack-a-thon posters in the windows of participating venues.
10:30					
11:00					
11:30	EXPERT TALK Early signs that kids aren't OK				
12:00					
12:30	PANEL DISCUSSION What children don't say – A talk with former school welfare officers				
13:00					
13:30			EXPERT TALK From burnout in children to wellbeing, with Dr. Roberts		
14:00					
14:30		EXPERT TALK What if video games were good for kids? With the Guardian's Keith Stuart		SILENT DISCO with Mojo Moves	
15:00	SCAN ME TO BOOK! 		EXPERT WORKSHOP Play for mental health, with Charlotte Jenkins		
15:30					
16:00				SILENT DISCO with Mojo Moves	
16:30					
17:00					
17:30					

For more information about the schedule [click here](#)